

Outpatient Procedure Instructions

The day of your procedure, you will check in at the front desk of the center. Please be sure to arrange for someone to drive you home; as you will not be permitted to drive following your procedure.

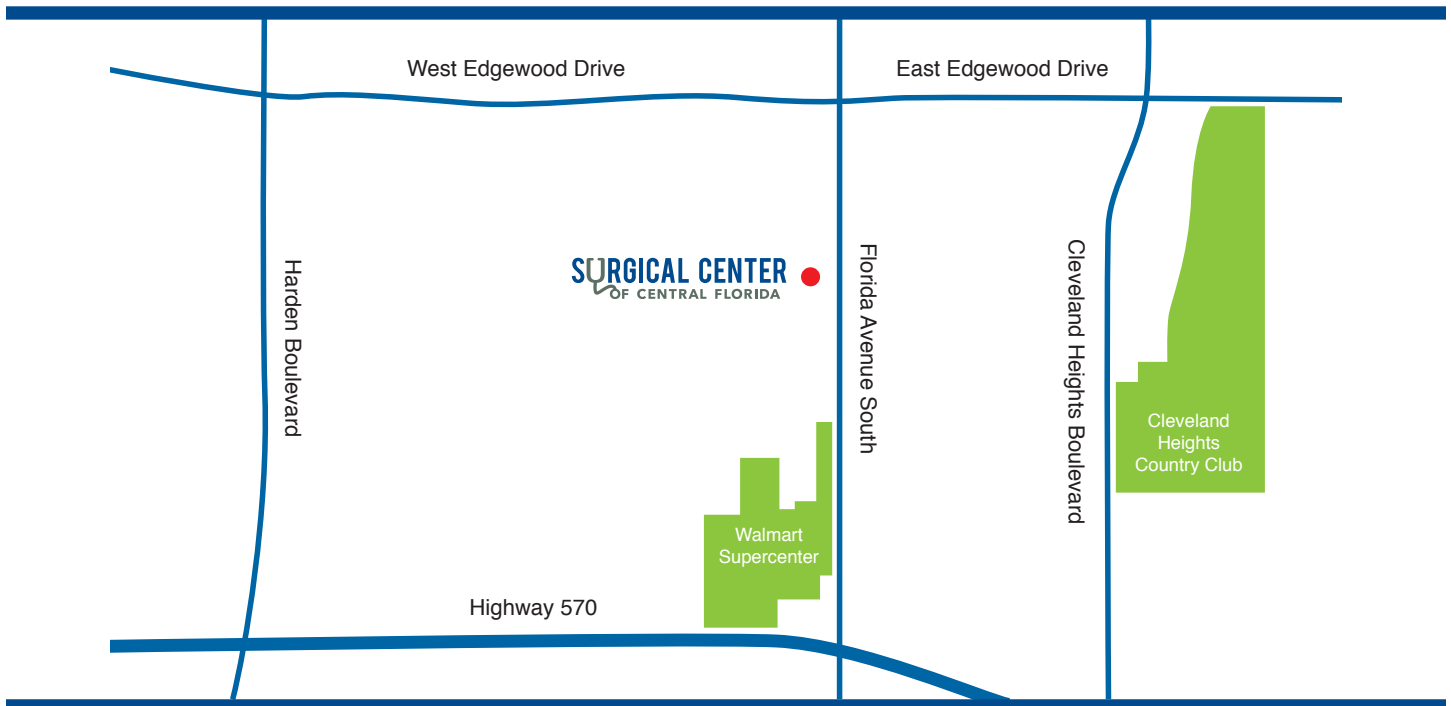
A staff member from the center will contact you within 24-hours of your procedure to notify you of the exact time you will need to arrive as well as answer any questions that you may have. Please be sure to have your labs drawn and an EKG done within 7 days prior to your procedure as we will be unable to perform your procedure if the results are not available. Please do not wait until the day before your procedure to have this done due to the fact that we may not receive results in time.

All instructions are subject to change based on patient specifications. Please follow specific instructions if given by your physician during your office visit prior to your procedure.

Do not eat or drink after midnight the evening prior to your procedure. Please take your medications with small sips of water, unless otherwise specified. **Please bring your medications with you** to the center. Please take a shower the night before and the morning of your procedure. Listed below are medications that have specific instructions listed for you to follow:

- Viagra, Cialis or similar medications—do not take for at least 24 hours prior to procedure
- Coumadin (Warfarin)—do not take for 5 days prior to procedure
- Xarelto—do not take for 24 hours prior to procedure
- Eliquis and Pradaxa – do not take for 48 hours prior to procedure
- Please inform us if you are on one of the above anticoagulants as you may need to take Lovenox in its place.
- Insulin—do not take fast acting insulins as you will be fasting and unable to eat prior to procedure. You will be asked to adjust your current long acting insulins specific to you and your dose as everyone is treated as individuals in this regard.
- Avandamet, Glucophage or Metformin—do not take the day of your procedure and do not resume the Metformin until 48 hours after your procedure.
- Additional Physician Orders: _____

3221 South Florida Ave, Lakeland, FL 33803



From the North:

- Start out going south on US Highway 98 N/US-98 E/FL-35/FL-700.
- Stay straight to go onto S. Florida Ave/FL-37.

From the East:

- Start out going west on State Road 540 W/FL-540/ County Hwy-540.
- Merge onto FL-570 W/Polk Pkwy W toward Tampa (Portions toll).
- Take the FL-37/S Florida Ave exit, EXIT 7.
- Merge onto S Florida Ave/FL-37 toward FLORIDA SOUTHERN COLLEGE.

From the South:

- Start out going north on State Road 37 S/FL-37 toward Pine St.
- Stay straight to go onto S Florida Ave/FL-37.

From the West:

- Start out going west on US Highway 92 E/US-92 E.
- Turn right onto County Line Rd/County Line Rd.
- Keep left at the fork to continue on County Line Rd/ County Line Rd.
- Turn left onto Allen K Breed Hwy/County Hwy-542.
- Merge onto FL-570 E/Polk Pkwy E (Portions toll).
- Take the FL-37/S Florida Ave exit, EXIT 7.
- Turn left onto FL-37/S Florida Ave.

SURGICAL CENTER
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